

SPORTS FACILITIES

Here's a short list of gyms, swimming pools and sport centers where you can train and let off some steam!

1. Cavalieri di Colombo

<https://www.centrospportivocavalieri.it/>
Via di Santa Maria Mediatrice, 24
+39 06 45439977 - +39 389 5303920
prenotazioni@centrospportivocavalieri.it

You can call or write an email to book a football or padel field for a few hours, or visit the website for more info!

2. Downtown Roma Pilates

<https://www.corsipilatesroma.it/>
C.so Vittorio Emanuele II, 284
+39 06 64760375
info@downtownromapilates.it

At a five minutes walk from our school, this gym offers pilates courses from monday to saturday.

3. Omega Fitness Club

<https://omegafitnessclub.it/>
Via del Monte della Farina, 14
Via delle Grazie, 6
+39 06 68210058
info@omegafitnessclub.it

Yoga, pilates, boxing and strength training courses, a fitness room, and many more classes available at this renowned gym with two locations in the city center, close to the Vatican and to Largo Torre Argentina.

4. Moves Fitness Center

<https://movesfitnesscenter.wixsite.com/moves/home>
Via dei Coronari, 46
+39 06 6864989
movesfitnesscenter@gmail.com

Pilates, martial arts, aerobics and functional training classes close to our school.

5. Centro Sportivo Santa Maria

<https://www.centrospportivosantamaria.it/>
Via Matteo Boiardo, 28
+39 06 7004762
info@centrospportivosantamaria.it

This greatly-equipped sports center offers pools with swimming, water polo and water aerobics courses, dance classes as well as a fitness room, football field, and tennis, basketball and volleyball courts.

6. Circolo Tennis della Stampa

<https://www.circolotennisdellastampa.it/contatti>
Piazza Antonio Mancini, 19
+39 392 2220023
ludmartin@libero.it

You can book tennis and paddle courts or a football field.

7. Playground Flaminio

Viale Tiziano, 70

Public basketball court next to a nice playground, open to everyone with no need to book in advance.

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