



# Working out and sports in Rome

## Want to play sports in Rome?

There are lots of opportunities for students to stay fit in Rome, and many want to usually join a sports team. We have listed some tools that Romans and foreigners in Rome use to scout for teams to join.

- Fubles app (available also on US store) – social sport sharing platform enabling players to organize amateur and pick-up soccer matches of all types.
- Mundial Cup – platform for soccer tournaments in Rome
- Directory of soccer pitches one can rent out for a game – Campi Calcetto Roma
- Tennis in Rome
- Red Foxes Softball
- Facebook group for people interested in playing volleyball
- Nuoto-Mania – Directory of swimming pools in Rome with addresses, contact details and websites.

Are you interested in other sports? Just let us know!

## Do you prefer to exercise indoors?

Want to do Yoga or Pilates or lift weights? Depending on your needs (location, price, hours or group classes), there are many places that offer a range of services. Students can contact us for help in requesting group discounts.

## Additional resources and travel tips

<https://theculturetrip.com/europe/italy/articles/a-fitness-lovers-guide-to-rome/>